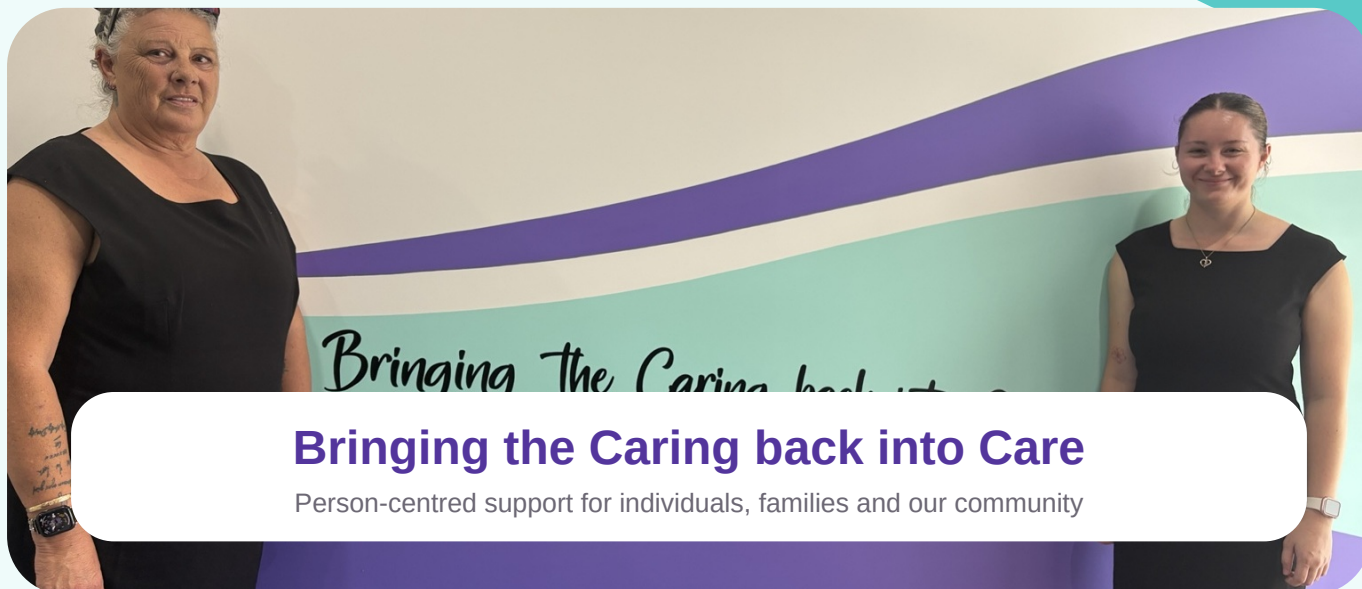


Care that feels personal.

ABOUT YOU HEALTHCARE & SUPPORT SERVICES



Bringing the Caring back into Care

Person-centred support for individuals, families and our community

About us

Owned and operated by a registered Clinical Nurse with over 25 years of nursing experience, About You Healthcare & Support Services provides NDIS, health promotion and healthcare support services across Townsville and surrounding communities.

NDIS SUPPORT

Practical, respectful support designed around your goals, choices and independence.

HEALTH PROMOTIONS

Health education, wellbeing support and guidance delivered with a caring approach.

HEALTHCARE SUPPORT

Personalised assistance that helps people feel safe, heard and supported.

DVA SUPPORT

Compassionate support for eligible veterans and their families.

Why choose About You?

SUPPORT BUILT AROUND YOU



Why us

- Daily care and independent living support
- Tailored personal care
- Experienced, person-centred support
- A local Townsville team focused on dignity and choice

Happy clients

"I've known Karen for 15+ years. She is always tentative, caring and respectful. I have no problem recommending her services to others."

Troy W.

"Karen is kind and understanding, empathetic, and her patients always come first."

Kiah M.

"About You Healthcare & Support Services has helped me with wound dressings and given me good advice on managing my diabetes, as well as a range of health advice."

Darren M.

Let's talk about your support.

Contact our team to learn more about services for you, your family or your business.

PHONE 0419 559 730

EMAIL karen@aboutyouhealthcare.com.au

WEB www.aboutyouhealthcare.com.au

VISIT 1/7 Woolcock Street, Hyde Park QLD 4812

HOURS Monday-Thursday, 8am-4pm

What people say

CLIENTS & STAFF FEEDBACK



From our community

"Wonderful management and staff. Great with communication and support worker is reliable."

Gail

"As a family, we feel that we are all well supported. Alyssa (support worker) is fantastic with Tahlia and meets her needs medically and emotionally."

Cass

From our team

"I am so grateful for Karen and the amazing business she has created. About You Health Care and Support Services is truly outstanding. Karen leads with heart, compassion, and professionalism. The care and support provided is exceptional, and it is clear that clients are always the top priority. The team are wonderful, kind, and dedicated, and the whole service runs so smoothly. I feel very lucky to be supported by such a caring and trustworthy business. Thank you, Karen, for everything you do - your business makes such a positive difference in so many people's lives!"

Keita

"I have worked for this company since February 2024, and I have absolutely loved it. Karen is the best boss I've ever had. I learned so much working here and I've built a rapport with the clients and their families."

Alyssa E.

0419 559 730 | www.aboutyouhealthcare.com.au